Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Little Dragons 10 to 10.30am	Little Dragons Beginners	Little Dragons Beginners 3.45pm to 4.15pm	Little Dragons 10 to 10.30am	Martial Arts for Kids with Cancer. Free with booking. 1pm.	Little Dragons Beginners 8am to 8.30am	Little Dragons Beginners 8am to 8.30am
Little Dragons 10.30 to 11am	3.45pm to 4.15pm	Little Dragons 4.15pm to 4.45pm	Little Dragons 10.30 to 11am	Little Dragons Beginners 3.45pm to 4.15pm	Dragons Beginners 8.00am to 8.40am	Dragons Beginners 8.00am to 8.40am
Little Dragons 11 to 11.30am	Little Dragons 4.15pm to 4.45pm	Dragons Beginners 4pm to 4.40pm	Little Dragons 11 to 11.30am	Dragons Beginners 4pm to 4.40pm	Little Dragons Beginners 8.30am to 9am	Adults 8am to 8.40am
Adults 10am to 10.40am	Dragons 4pm to 4.40pm	Little Dragons 4.45 to 5.15pm	Adults 10am to 10.40am	Little Dragons	Dragons 8.40am to 9.20am	Little Dragons Beginners 8.30am to 9am
Mini Dragons 11 to 11.30am	Little Dragons (5 year olds)	Black Belt Club Dragons	Mini Dragons 11 to 11.30am	4.15pm to 4.45pm	Little Dragons 9.00am to 9.30am	Dragons 8.40am to 9.20am
Little Dragons 3.45pm to 4.15pm	4.45 to 5.15pm Leadership Elite 4.40 to 5.20pm	4.40pm to 5.20pm Dragons Advanced 5.20pm to 6pm	Little Dragons 3.45 to 4.15pm	Little Dragons Black Belt Club 4.45pm to 5.15pm	Little Dragons Intermediate 9.30 to 10am	Leadership Elite 8.40am to 9.20am Little Dragons 9am to 9.30am
Little Dragons 4.15pm to 4.45pm	Junior X-Treme 4.40 to 5.20pm	Ninjas 6pm to 6.45pm	Dragons 4pm to 4.40pm Ninjas 4pm to 4.40pm	Dragons Advanced 4.40pm to 5.20pm	Adults 9.20 to 10am	Little Dragons Intermediate 9.30 to 10am
Dragons Beginners 4pm to 4.40pm	Dragons Advanced 5.20pm to 6pm			Black Belt Club Ages 6 to 13 5.20pm to 6pm	Dragons 10am to 10.40am	Adults 9.20 to 10am
Ninjas 4pm to 4.40pm				Sparring Club 6 to 14 years	Ninjas 10.40 to 11.20am Little Dragons	Dragons 10am to 10.40am Little Dragons
Dragons 4.40pm to 5.20pm	Ninjas 6pm to 6.45pm	Teens 6pm to 6.45	Little Dragons Advanced 4.15 to 4.45pm Family	5.20pm to 6pm Ninjas 6pm to 6.45pm	10 to 10.30am Little Dragons 10.30 to 11am	10 to 10.30am Ninjas 10.40 to 11.20am Little Dragons
Ninjas 5.20pm to 6pm			4.40 to 5.20pm Little Dragons (5 year olds) 4.45 to 5.15pm	Teens Masters Club 6pm to 6.45pm	Little Dragons 11am to 11.30am	10.30 to 11am Little Dragons 11am to 11.30am
Black Belt Club Ages 6-13y 6pm to 6.40pm		Black Belt Club Ninjas 6.45pm to 7.30	Masters Club Dragons & Ninjas 5.20pm to 6pm	Teens Kick Boxing for fitness 6.45pm to 7.30pm	Mini Dragons 11.20 to 11.50am	Black Belt Club 6-13years 11.20-12
	Teens 6.45pm to 7.30pm		Dragons 5.20pm to 6pm		Little Dragons Advanced 11.30am to 12pm	Little Dragons 11.30am to 12pm
Sparring Club 6 to 14 years 6.40pm to 7.10pm		Masters Club Ninjas & Teens 6.45pm to 7.30pm	Tricking Dragons	Adult Kick Boxing	Little Dragons 12pm to 12.30pm	Little Dragons 12pm to 12.30pm Adults 12 to 12.40
Teens Kick Boxing			6 to 6.45pm	for Fitness 6.45 to 7.30pm	Family Class 11.50am to 12.30	Family 12 to 12.40 Little Dragons Black Belt Club
for fitness 6.45pm to 7.30pm			Ninjas 6pm to 6.45pm	Teens 7.30pm to 8.30pm		12.30 to 1pm Ninjas 12.40 to 1.20pm
Adult Kick Boxing for Fitness 6.45 to 7.30pm	Adults 7.30 to 8.30pm	Tricking for Teens 7.30 to 8.10pm		Adults 7.30 to 8.30pm	Adults 11.50am to 12.30	Teens 12.40 to 1.20pm
Adults 7.30 to 8.30pm Low Impact Adults Martial Arts 8.30 to 9.15pm			Teens 6.45 to 7.30pm			Leadership Development Pr 10 to18 years 1.20pm to 2pm
Mini Dragon: Parent & child class 18-36 months Little Dragons 3-5years Dragons 6-8years Ninjas 9-12y Teens 13-17y Adults 18 & up			Adults 7.30 to 8.30pm	Sparring Club Teens and Adults 7.30pm to 8.30pm	Dragons 11.50am to 12.30	Black Belt Club Ninjas to Adults 2pm to 2.40pm
			Adults Black Belt Club 8.30-9pm		Dragons 12.30 to 1.10pm	Masters Club Ninjas to Adults 2pm to 2.40pm